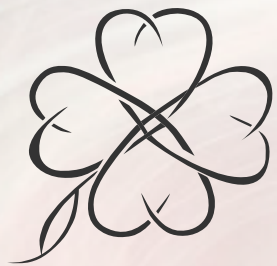


# WHY DID FREUD LEAVE HYPNOSIS?



*Katarzyna Pieńko-Jamuła*

# Sigmund Freud

1856-1939, neurologist

Freud was born in Moravia.

Which is now in Czech Republic

In the Jew family.

He learned in Vienna.

Freud studied medicine,  
started his practice as a GP.



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**Why did Freud leave Hypnosis?**



# The specifics of the era and the way hypnosis was practised at the time.

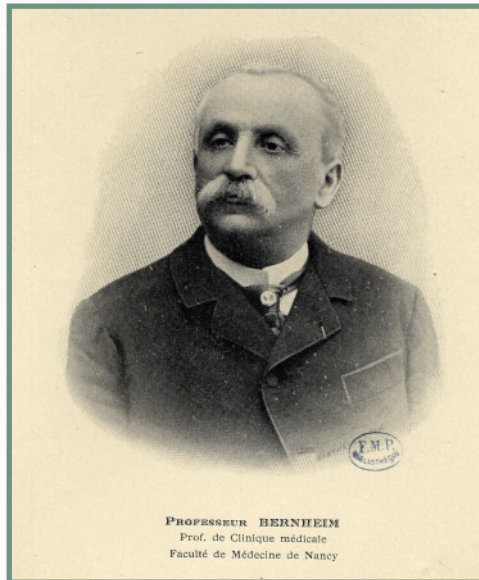
The conflict

Nancy's school  
Bernheim

Salpetriere's school  
Charcot, Babiński

Hypnosis - a natural psychological phenomenon related to suggestiveness

importance of physiological factors, considering hypnosis as a pathological condition



Why did Freud leave Hypnosis?



# Jean Martin Charcot

Hypnosis is induced by physical stimuli (electromagnets, metals, heat stimuli, light stimuli and sounds), increased suggestibility after stunning agents.

Role of the therapeutic relationship irrelevant.



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**Why did Freud leave Hypnosis?**



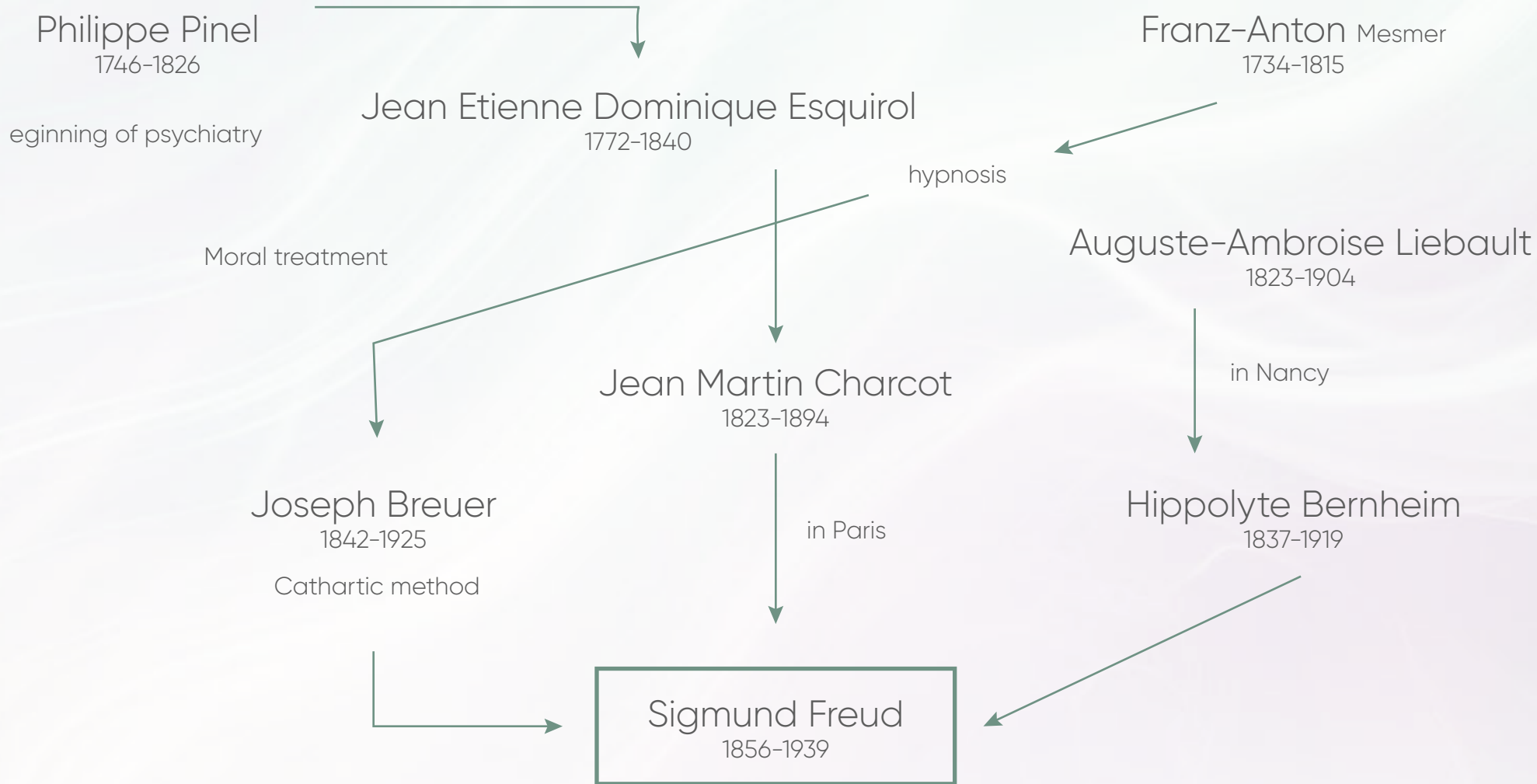
# Freud's attitude to hypnosis:

- the conviction that he has at its disposal short variety of methods he could use to treat patients with from nervous system disorders,
- he separated the treatment from the therapeutic relationship,
- before the concept of transference.

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**Why did Freud leave Hypnosis?**





Psychologie clinique: De l'initiation à la recherche,  
Bernard Robinson, 2005, De Boeck

## Why did Freud leave Hypnosis?



# The problems Freud faced with his patients:

- He could not succeed in hypnotizing with every patient,
- He was unable to put individual patients into as deep a state of hypnosis as he should have wished.
- The effects of hypnosis, in his opinion, were not lasting

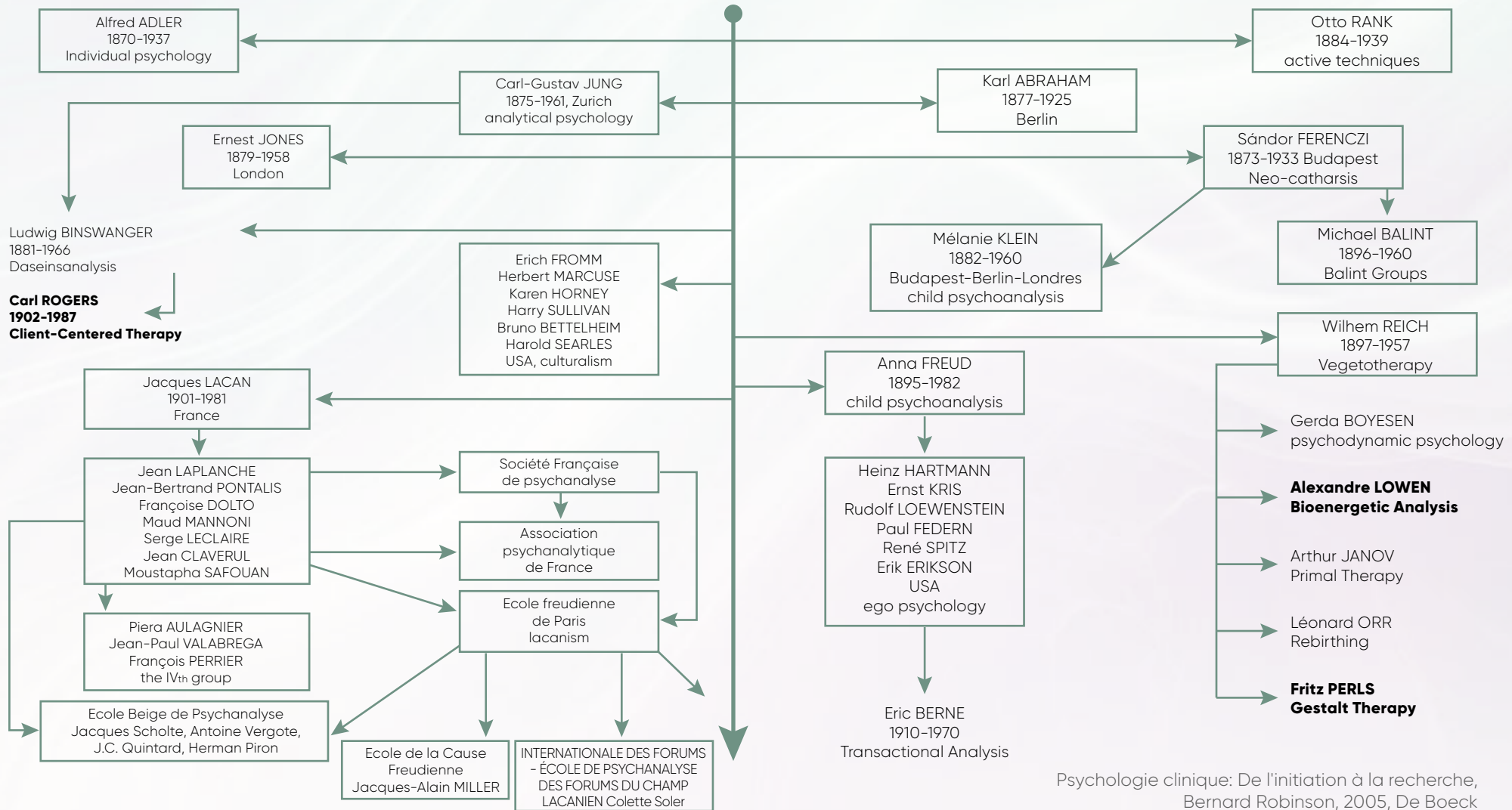
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**Why did Freud leave Hypnosis?**



# The development path of psychoanalysis

## PSYCHOANALYSE

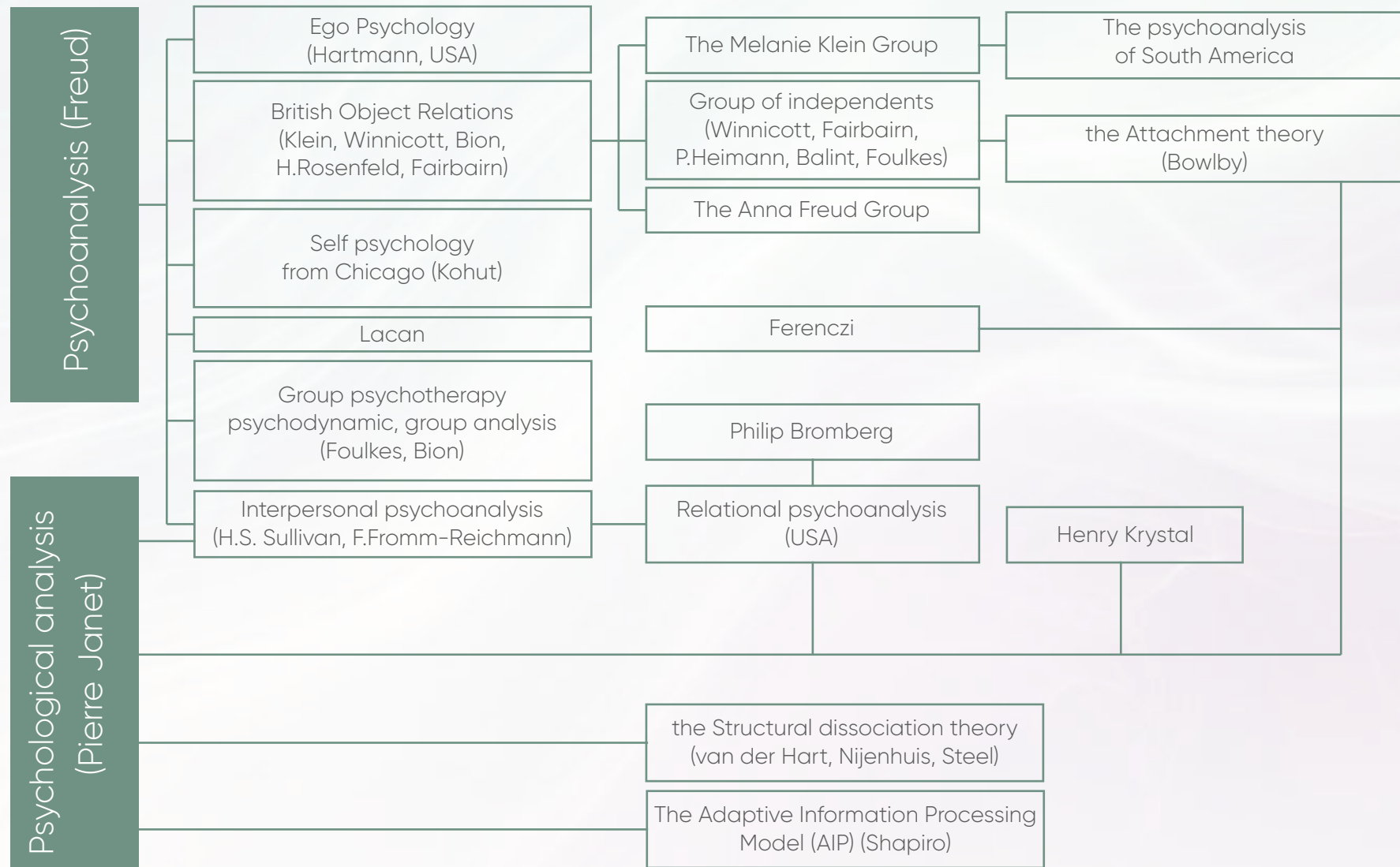


Why did Freud leave Hypnosis?





# The development path of psychoanalysis



Why did Freud leave Hypnosis?



# The development path of hypnosis

*„He who rules the past, in his hands is the future;  
he who rules the present, in his hands is the past.”*

George Orwell

## The early 20th Century - new fields:

- self-help
- psychology

## Stage Hypnosis:

- Dave Elman  
“Hypnotherapy”
- Clark Hull  
“Hypnosis and Suggestibility”

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Why did Freud leave Hypnosis?



# The development path of hypnosis

*„Ideas shape the course of history.“*

John Maynard Keynes

## Milton Hyland Erickson (1901 – 1980)

was one of Hull's students, an American psychiatrist and psychologist specializing in medical hypnosis and family therapy; Erickson studied psychoanalysis and got to know it well; He is also known for his influence on brief therapy, strategic family therapy, family systems therapy, solution-focused brief therapy, and neuro-linguistic programming.

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**Why did Freud leave Hypnosis?**



# The development path of hypnosis

20th Century Wars – Post Traumatic Stress Disorder.

Hypnotherapy has been used to treat a variety of psychological combat traumas, together with anxiety, fears, phobias and dissociation.

Abreaction, the most common technique, involved taking the client back to the traumatic episode and reliving it to unpack it.

21st century – a branch of mental health that can be a powerful tool to achieve personal goals.

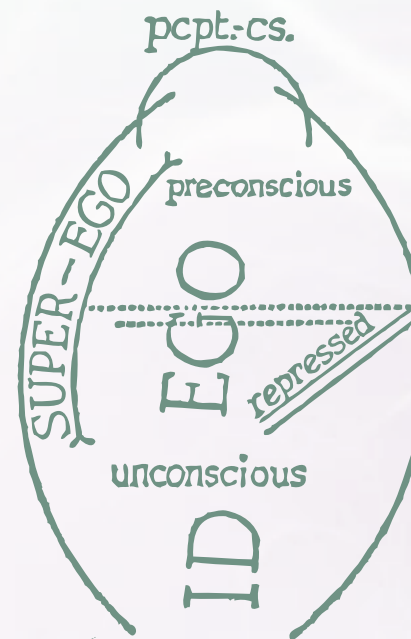
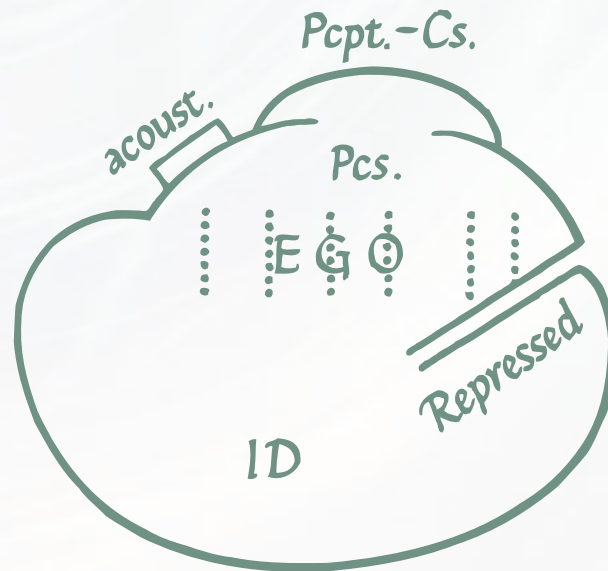
Applications of hypnosis used today: smoking cessation, increasing self-confidence, pain relief or even as an alternative to chemical anesthesia in surgery.

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**Why did Freud leave Hypnosis?**



# The unconscious illustrated by Sigmund Freud



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Why did Freud leave Hypnosis?



# The unconscious defined in Milton Erickson's approach

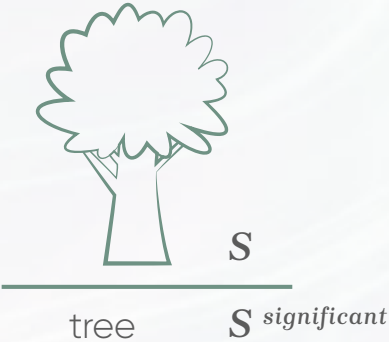
Milton Erickson is known for his approach to the unconscious mind such as **creativity** and **solution generation**.

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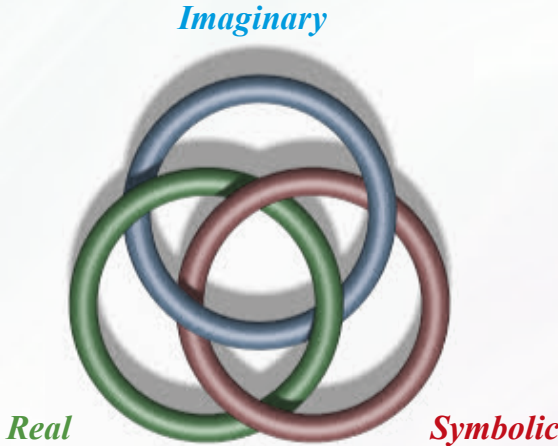
Why did Freud leave Hypnosis?



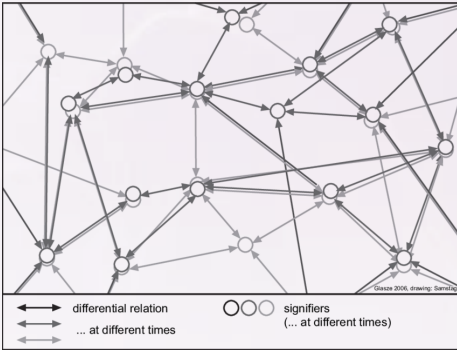
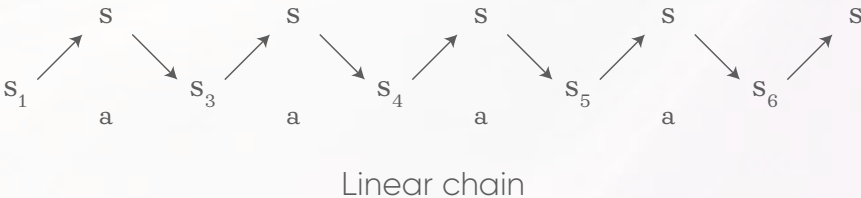
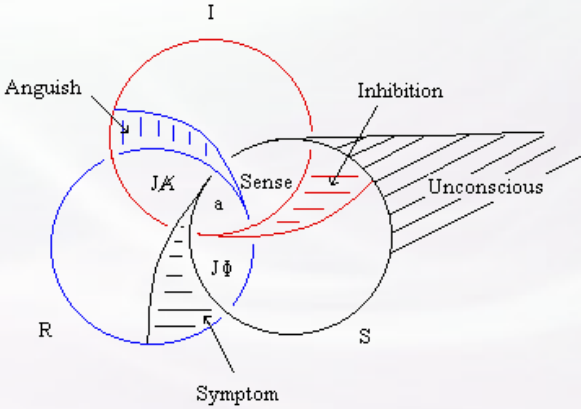
# The unconscious defined by the continuator of Freudian psychoanalysis, Jacques Lacan.



A famous painting by Ferdynard de Saussure



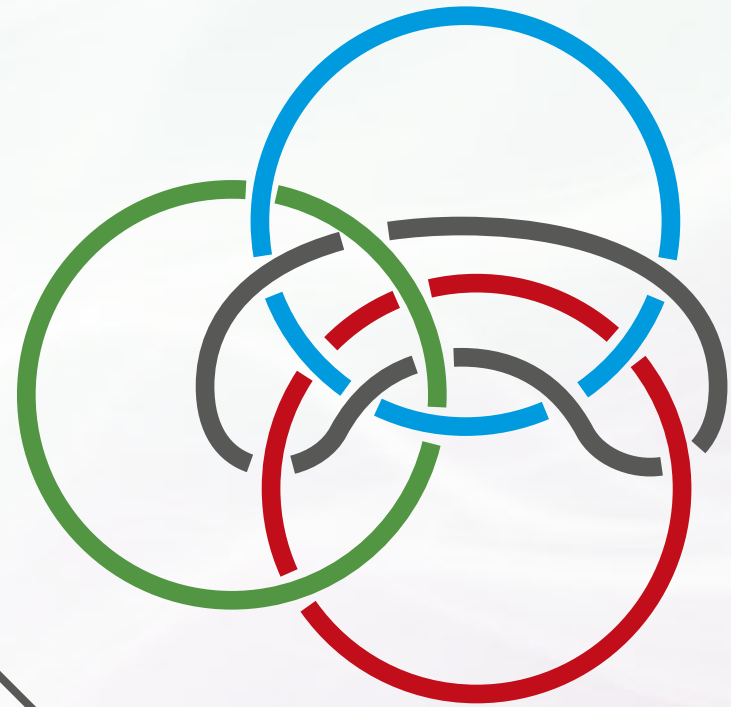
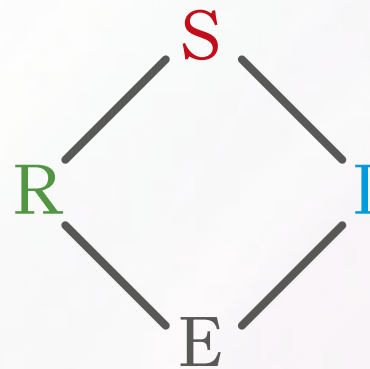
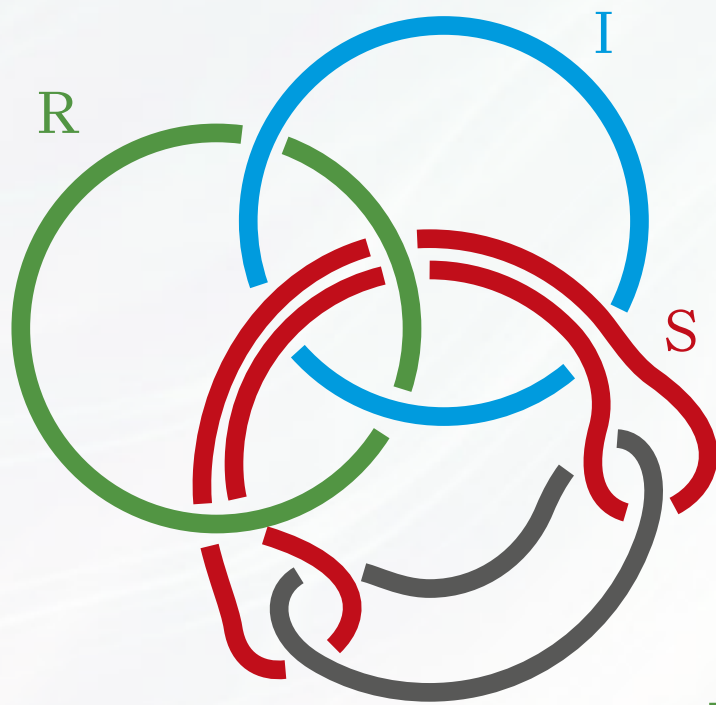
Borromean Knot



Chains in space

Why did Freud leave Hypnosis?





over S (under)

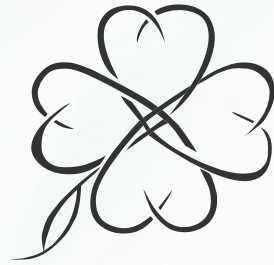
Using Jacques Lacan's knot theory to describe the creation and transmission of metaphor in Milton Erickson's approach.

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Why did Freud leave Hypnosis?







Thank you for your attention

*Katarzyna Pieńko-Jamuła*

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Why did Freud leave Hypnosis?

